

# Oxhey Wood Primary School Menu – Autumn Term 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b> 31st Aug 21 <sup>st</sup> Sept 12 <sup>th</sup> Oct	Cheese and Tomato Pizza ** with Garlic Dough Balls (V)  Burrito (V) A soft wrap filled with lightly spiced veggies and rice  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Sweetcorn  Secret Brownie	Chicken Burger with Potato Wedges  Baked Macaroni (V)  Jacket Potato with Salmon Mayonnaise***, Cheese or Beans  Ham Sandwich  Vegetable: Peas  Raspberry Ripple Ice Cream	Roast Chicken with Roast Potatoes and Gravy  Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy(V)  Jacket Potato with Cheese or Beans  Tuna Sandwich  Vegetable: Carrots  Banana Oatie Bite*	Pasta Beef Bolognese **  Hotdog with Potato Wedges  Jacket Potato with Cheese or Beans  Ham Sandwich  Vegetable: Sweetcorn  Summer Berry & Peach Oaty Crumble* with Custard	Golden Fish Fingers and Chips  Quorn Nuggets and Chips (V)  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Baked Beans, Peas  Apricot & Carrot Slice
<b>Week 2</b> 7 <sup>th</sup> Sept 28 <sup>th</sup> Sept 19 <sup>th</sup> Oct	Cheese and Tomato Pizza ** with Garlic Dough Balls (V)  Veggie Noodles (V)  Jacket Potato with Cheese or Beans  Ham Sandwich  Vegetable: Sweetcorn  Fruity Apricot Bar	Chicken Tikka Masala with Rice  Baked Macaroni (V)  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Peas  Apple & Carrot Yoghurt Muffin	Roast Gammon with Roast Potatoes & Gravy  Pastry Slice with Roast Potatoes & Gravy(V)  Jacket Potato with Cheese or Beans  Tuna Sandwich  Vegetable: Carrots  Strawberry Ice Cream	Beef Lasagne**  Vegetable Lasagne (V)  Jacket Potato with Cheese or Beans  Ham Sandwich  Vegetable: Sweetcorn  Chocolate Cake	Southern Fried Chicken Tasters  Soft Taco & Chips (V)  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Baked Beans, Peas  Oatie Biscuit with Fruit Slice*
<b>Week 3</b> 14 <sup>th</sup> Sept 5 <sup>th</sup> October	Chinese Veggie Noodles(V)  Cheese and Tomato Pizza ** with Garlic Dough Balls (V)  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Sweetcorn  Raspberry Yoghurt Cake	Pork Sausage with Mash & Gravy  Veggie Sausage with Mash & Gravy (V)  Jacket Potato with Cheese or Beans  Tuna Sandwich  Vegetable: Peas  Peach Shortbread Pudding* with Custard	Roast Turkey with Roast Potatoes and Gravy  Quorn Roast with Roast Potatoes and Gravy (V)  Jacket Potato with Cheese or Beans  Ham Sandwich  Vegetable: Carrots  Flapjack with Fruit Slice*	Chicken Pie  Mild Chickpea & Potato Curry with Rice** (V)  Jacket Potato with Cheese or Beans  Cheese Sandwich  Vegetable: Sweetcorn  Chocolate & Apricot Brownie	Golden Fish Fingers and Chips  Beany Burger and Chips (V)  Jacket Potato with Cheese or Beans  Ham Sandwich  Vegetable: Baked Beans, Peas  Vanilla Ice Cream

Available every day: Fresh Fruit; Freshly Baked Bread, Fruit Yoghurt; Help Yourself Salad Bar; Fresh Drinking Water

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V)Vegetarian